

RUSTIK SENIORS and SINGLE SERVE MENU (FOR DELIVERY or PICK-UP)

Week starting 29th April – 5th May 2024

Name:	Phone:
WHICH DAY WOULD YOU LIKE YOUR MEALS? Tuesday Wednesday Thursday Friday <i>LOCAL DELIVERY Tuesday/Thursday only \$8-\$15 depending on your distance from our stores. or FREE PICK UP</i>	Delivery address:
Please let us know if you have any special considerations. Would you like us to leave the goods at your door?	Price: _____ Delivery: _____ Total: _____

HOW TO ORDER?

- **EMAIL** – send to info@rustikcatering.com.au
- **Online on our Website** www.rustikcatering.com.au
- **OVER THE PHONE 95802492.** You may choose to fill out this form and read it to us over the phone. You can also pay via card over the phone.
- **IN PERSON** You can also fill out this form and hand it into us at Rustik food store.
- **We Deliver Tuesday and Thursday. Please note that the minimum spend for delivery is \$50**

Item	Qty	Item	Qty
Lamb, Barley and Vegetables Soup (Dairy Free) \$12		Roast Beef with Roast vegetables & GF gravy (Gluten Free) \$17	
Lentil & Vegetables Soup w/ Red Thai Paste (Vegan and Gluten Free) \$12		Chicken and Bacon Risotto (Gluten Free) \$15	
Mushroom & Lentil Stroganoff w/ Rice and Vegetables (Vegan, Gluten Free) \$15		Chicken Parmigiana w/ Garden Salad \$15	
Thai Green Chicken Curry w/ Rice and Vegetables (Gluten and Dairy Free) \$15		Crumbed Fish w/ Red Chat Potato, Bacon and Parmesan Salad \$15	
Slow Cooked Beef Stroganoff w/ Mash and Vegetables (Gluten Free) \$16		Chinese Pepper Chicken Stir Fry w/ Rice and Vegetables \$15	
Lamb rogan Josh w/ Rice and Vegetables (Gluten Free) \$16		Thai Chicken Fried Rice \$15	
Creamy Tuscan Chicken w/ Mash and Vegetables (Gluten Free) \$15		Lamb Sheperd's Pie \$17	
Italian Meatballs in Napoli Sauce w/ Mash and Vegetables (Gluten Free) \$16		Red Chat Potato, Bacon and Parmesan Salad w/ Sweet Mustard Dressing \$9	
Vanilla Custard \$6.5		Chickpeas, Spinach, Pumpkin and Feta Salad w/ Green Goddess Dressing \$9	
Chocolate Almond Meringue Cake (Gluten Free) \$7.5		Vanilla Rice Pudding \$7.5	